



# Daria Klimentova: Agony and Ecstasy: My Life in Dance

*By Daria Klimentova, Graham Watts*

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Daria Klimentová has been one of Britain's best-loved ballerinas for two decades, having danced at the Scottish Ballet and then as a Principal and Senior Principal at English National Ballet. Daria was born in former Czechoslovakia and lived under the rule of the Soviet Union until the Velvet Revolution of 1989. She initially trained as a young member of the Czech Olympic Gymnastics Squad before transferring to ballet. After a year as a principal dancer in the Czech National Ballet, she moved to dance with the Cape Ballet Company in South Africa, where she witnessed the end of apartheid. In her 40s, at an age when most ballerinas have retired, Daria continues to captivate audiences with her impeccable technique and free flowing natural grandeur.

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### **Editorial Review**

#### About the Author

**Daria Klimentová** is a senior principal ballerina at English National Ballet. She has danced for the Czech National Ballet, Cape Ballet Company, and Scottish Ballet.

**Graham Watts** is a freelance dance, writer, and critic. He writes for dance magazines and websites in the UK, Europe, U.S., and Japan.

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