



# Coping with Mild Traumatic Brain Injury

By Diane Roberts Stoler Ed.D., Barbara Albers Hill

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Mild traumatic brain injury is one of the most commonly misdiagnosed problems in the United States today. Symptoms can mimic those of a stroke, depression, or chronic fatigue syndrome. Authors **Stoler** and **Hill** offer clear information on the different types of brain injury, as well as the treatment options available.

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## **Editorial Review**

### **From Library Journal**

Over 325,000 Americans annually suffer mild head trauma from automobile accidents, assaults, falls, sports injuries, etc. With a diagnosis of mild traumatic brain injury (MTBI), the individual will be told to rest for a few days or weeks, and, with luck, that may be the end of it. Unfortunately, many of those affected suffer ongoing, debilitating symptoms?migraines, depression, seizures, etc.?for months or even years. Symptoms are unpredictable and are difficult to diagnose because there is no single test to detect MTBI and postconcussive syndrome (PCS). Stoler, a practicing psychologist who has herself experienced mild head injury, and Hill, a psychologist and writer, have compiled a comprehensive manual explaining what is involved in the diagnosis, treatment, and rehabilitation of brain-injured people. Presenting short case studies, they discuss the difficult diagnostic context of head trauma and offer practical suggestions for coping with physical and emotional repercussions. Especially valuable for patient education libraries.?James Swanton, Harlem Hosp., New York

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## **Users Review**

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#### **Charlotte Womble:**

Here thing why this kind of Coping with Mild Traumatic Brain Injury are different and dependable to be yours. First of all reading a book is good but it really depends in the content from it which is the content is as scrumptious as food or not. Coping with Mild Traumatic Brain Injury giving you information deeper and in different ways, you can find any reserve out there but there is no guide that similar with Coping with Mild Traumatic Brain Injury. It gives you thrill reading through journey, its open up your current eyes about the thing which happened in the world which is probably can be happened around you. It is possible to bring everywhere like in park your car, café, or even in your means home by train. In case you are having difficulties in bringing the branded book maybe the form of Coping with Mild Traumatic Brain Injury in e-book can be your choice.

#### **David Mathews:**

The reason why? Because this Coping with Mild Traumatic Brain Injury is an unordinary book that the inside of the book waiting for you to snap the item but latter it will shock you with the secret that inside. Reading this book alongside it was fantastic author who write the book in such awesome way makes the content on the inside easier to understand, entertaining means but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This book will give you a lot of rewards than the other book possess such as help improving your ability and your critical thinking approach. So , still want to hold off having that book? If I ended up you I will go to the book store hurriedly.

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**Laura Ide:**

That book can make you to feel relax. This particular book Coping with Mild Traumatic Brain Injury was colorful and of course has pictures on there. As we know that book Coping with Mild Traumatic Brain Injury has many kinds or genre. Start from kids until youngsters. For example Naruto or Investigator Conan you can read and think you are the character on there. Therefore not at all of book tend to be make you bored, any it makes you feel happy, fun and unwind. Try to choose the best book for you personally and try to like reading which.

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