



# Your Cherished Baby

By Howard Chilton

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## Your Cherished Baby By Howard Chilton

The way we nurture our babies, from their earliest moments, has a lifelong effect on their health and happiness. What many of us have known instinctively is now a matter of science. Study after study proves that how we hold, feed, play with and settle our babies is a major factor in their long-term wellbeing. Dr Howard Chilton has been a neonatologist (a babies' physician) for over thirty years. He has seen numerous baby-care fads come and go, but has always held to the philosophy now proved by science: you can't give your baby too much love.

In *Your Cherished Baby*, Dr Chilton introduces mothers to a complete approach for settling, feeding and engaging their 0-2 infants. He explains the neurological processes of both baby and mother in this early bonding period. He debunks the myth of baby routines, provides a compelling explanation for colic and excessive crying, and argues for the introduction of varied foods to aid the development of a child's palette and to guard against obesity later in life.

Most prevalent to many a sleep-deprived parent, Dr Chilton presents a practical alternative to controlled crying, a currently popular sleep settling technique that he regards as inhumane. Accessible, compassionate and occasionally controversial, *Your Cherished Baby* is the essential guide to giving babies the best possible start in life.

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## Your Cherished Baby By Howard Chilton Bibliography

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The reason why? Because this Your Cherished Baby is an unordinary book that the inside of the guide waiting for you to snap this but latter it will zap you with the secret this inside. Reading this book next to it was fantastic author who write the book in such amazing way makes the content on the inside easier to understand, entertaining approach but still convey the meaning entirely. So , it is good for you because of not hesitating having this anymore or you going to regret it. This excellent book will give you a lot of advantages than the other book get such as help improving your proficiency and your critical thinking approach. So , still want to postpone having that book? If I have been you I will go to the book store hurriedly.

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