



# The Psychology of Thinking: Reasoning, Decision-Making and Problem-Solving

By John Paul Minda

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How do we define thinking? Is it simply memory, perception and motor activity or perhaps something more complex such as reasoning and decision making? This book argues that thinking is an intricate mix of all these things and a very specific coordination of cognitive resources. Divided into three key sections, there are chapters on the organization of human thought, general reasoning and thinking and behavioural outcomes of thinking.

These three overarching themes provide a broad theoretical framework with which to explore wider issues in cognition and cognitive psychology and there are chapters on motivation and language plus a strong focus on problem solving, reasoning and decision making – all of which are central to a solid understanding of this field.

The book also explores the cognitive processes behind perception and memory, how we might differentiate expertise from skilled, competent performance and the interaction between language, culture and thought.

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- Rank: #1691031 in eBooks
- Published on: 2015-09-11
- Released on: 2015-10-10
- Format: Kindle eBook

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#### Review

The Psychology of Thinking is an accessible, broad and integrative approach to a topic that rewards such treatment. Without getting bogged down, John Paul Minda explains how a variety of mental processes contribute to and shape human thinking. --Professor Bradley Love (07/02/2015)

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The Psychology of Thinking offers students an excellent introduction to a number of important, fascinating topics with an insightful organization and integration. Minda engagingly presents the material to have both theoretical substance and practical appeal.

--Professor Brian H. Ross (07/08/2015)

This is a well-written book and it is easy to comprehend. It discusses in a lucid manner, core concepts of cognitive psychology with a thinking-based approach and can serve as an excellent text for undergraduate students of cognitive psychology.--Naveen Kashyap

As a former CEO of Mercedes-Benz I always tried to foster and trigger ideas for innovations in employees - the business result showed that focusing on creativity in your workforce pays out. This book is very relevant for practitioners who lead people and need to tap their brains, which is the 'gold mine' for problem solving. I compliment J. P. Minda, since I think that his wish "for a single, comprehensive textbook on this topic" came true.--Professor Alexander Paufler

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