



Camping and Backpacking San Francisco Bay Area

By Matt Heid

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The first and only guide to fully explore the Bay Area's campgrounds and backpacking trips, and to describe the best overnight excursions for locals and visitors alike. Every public campground in the North Bay, East Bay, South Bay, and Santa Cruz Mountains is included (more than two dozen unique destinations). For backpacking trips, over 30 backcountry trail camps and more than 200 miles of trail are featured. Matt Heid simplifies an overnight getaway with this comprehensive guide and includes: in-depth descriptions of campgrounds, driving directions, facilities, parking, regulations, and fees, as well as other indispensable tips for when it's best to go; where the serenity, beauty, and biodiversity are greatest; and how to avoid crowds and make reservations.

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Editorial Review

Review

"...one of the Bay Area's most knowledgeable hikers." -- *Sierra Club Yodeler*

"...the first comprehensive camping guide focused on the Bay Area." -- *Oakland Tribune*

"For those wishing to experience the Bay Area's natural wonders, [Heid's] latest book will prove to be an indispensable guide." -- *Hills Newspapers, The Montclairion*

"Heid's book is well written, exceptionally organized and chock-full of helpful information...an excellent reference book." -- *Fremont Bulletin*

"The maps are exemplary....Some of the photographs, you might expect to find on gallery walls." -- *Bodega Land Trust*

"[Heid] has lots of ideas for quick camping escapes. He's no help at all with excuses to stay home." -- *Marin Independent Journal*

About the Author

Matt Heid holds a degree in Earth & Planetary Science from Harvard University and has been hiking the trails of California for more than 20 years. His first book, 101 Hikes in Northern California, received Honorable Mention in the 2001 National Outdoor Book Awards.

Users Review

From reader reviews:

Pamela Guarino:

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