



The Dalai Lama's Cat and the Art of Purring

By David Michie

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The Dalai Lama's Cat and the Art of Purring By David Michie

“What makes you purr? Of all the questions in the world, this is the most important. . . . Because no matter whether you are a playful kitten or sedentary senior, whether you’re a scrawny alley Tom, or sleek-coated uptown girl, whatever your circumstances you just want to be happy. Not the kind of happy that comes and goes like a can of flaked tuna, but an enduring happiness. The deep down happiness that makes you purr from the heart.” His Holiness’s cat is back—older, a bit wiser, and as curious as ever. In this book, the Dalai Lama sets for his lovable feline companion the task of investigating The Art of Purring. Whether it’s the humorous insights gained from a visiting Ivy League Psychology Professor, the extraordinary research of a world-famous biologist, or the life-changing revelations of a mystical yogi, His Holiness’s Cat encounters a wealth of wisdom about happiness. And what she discovers changes the way she sees herself forever. With a much loved—and growing—cast of characters from the local community and His Holiness’s residence, as well as encounters with intriguing strangers and celebrities from far and wide, The Dalai Lama’s Cat and the Art of Purring will transport readers in another unforgettable story. Along the way they will come to understand how elements of contemporary science and Buddhism converge. And, once again, they will feel the warmth of compassion and nonattachment that radiate from the heart of the Dalai Lama’s teachings about our quest for enduring happiness.

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- Rank: #65236 in eBooks
- Published on: 2013-11-28
- Released on: 2013-11-28
- Format: Kindle eBook

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Editorial Review

About the Author

David Michie is the best-selling author of *The Dalai Lama's Cat*, *Buddhism for Busy People*, and *Hurry Up and Meditate*. Website: www.davidmichie.com

Users Review

From reader reviews:

Fannie Garcia:

Here thing why this particular The Dalai Lama's Cat and the Art of Purring are different and dependable to be yours. First of all studying a book is good but it really depends in the content than it which is the content is as delightful as food or not. The Dalai Lama's Cat and the Art of Purring giving you information deeper since different ways, you can find any reserve out there but there is no publication that similar with The Dalai Lama's Cat and the Art of Purring. It gives you thrill studying journey, its open up your own eyes about the thing that happened in the world which is perhaps can be happened around you. You can actually bring everywhere like in area, café, or even in your means home by train. Should you be having difficulties in bringing the published book maybe the form of The Dalai Lama's Cat and the Art of Purring in e-book can be your option.

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