



Physical Education and Activity for Elementary Classroom Teachers

By Kim Graber, Amelia (Amy) Woods

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Physical Education and Activity for Elementary Classroom Teachers is written for classroom teachers who have limited background in physical education and physical activity but want to give their students a quality education. Classroom teachers will be prepared to successfully and effectively engage students in physical education and physical activity at a basic level and in a safely constructed environment?in the gymnasium, on the playground, and in the classroom.

Since many colleges and universities divide a physical education methods course for classroom teachers into separate lecture and laboratory sections, this text is divided into two primary sections. The first section is written to address topics that are covered during lectures in a university classroom. The second is written to address activities covered during laboratory experiences in a gymnasium. Each section contains relatively brief chapters that cover the most important points of the chapter's focus in easy-to-read text with numerous photos and interactive activities.

The book encourages classroom teachers to develop an appreciation for the subject matter of physical education and engage children in maximum levels of activity throughout the school day. Overall, the book is designed to be a primary reference for future classroom teachers and a valuable resource for certified classroom teachers.

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