



## Pediatric Emergent/Urgent and Ambulatory Care: The Pocket NP

*By Karen Sue Hoyt PhD RN FNP-BC CEN FAEN FAAN, Sheila Sanning Shea MSN RN*

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Fast-track medical settings call for “at-your-fingertips” information. Here is an easy-to-use, quick-reference guide for nurse practitioners and other health care providers in emergency, medical, screening, fast track, and/or primary care settings with pediatric patients. In a concise, optimally organized format that includes current, evidence-based guidelines, the resource delivers a wealth of information for assessment and management of the most commonly encountered problems in these settings.

Concise yet packed with crucial knowledge, *The Pocket NP* is arranged in a logical head-to-toe format that includes the history and physical examination and essential medical decision-making considerations. The material is organized in a true rapid-access format, with salient information presented for maximum efficiency and speed of retrieval. A variety of templates for dictation/documentation are provided to assist the clinician with the development of a concise and logical patient record. These templates can be mixed and matched as needed and, using a specific template for focused patient problems (e.g., foreign body ingestion), will facilitate assessment fine tuning. Also included are frequently used illustrations for anatomical records as well as templates to assist in identification of normal and abnormal presentations. Additional helpful features include “Tips” and “Don’t Miss” boxes with bullet points of critical information, a rapid “review of systems,” billing information, and a dedicated page for NP “Survival Information” and notes.

### Key Features:

- Provides ultra-quick access to patient treatment information
- Offers easy-to-use framework for quickly locating critical information
- Presents templates for identifying normal and abnormal presentations
- Contains a rapid “review of systems”
- Delivers content in head-to-toe format
- Includes “Tips” and “Don’t Miss” boxes with bullet points of critical information

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## **Editorial Review**

About the Author

**Sheila Sanning Shea, MSN, RN, ANP, CEN,**

is an emergency nurse practitioner (ENP) with over 30 years of clinical experience. She works in the Department of Emergency Medicine at St. Mary Medical Center in Long Beach, California. Ms. Shea established an emergency clinical fellowship for nurse practitioners and physician assistants that includes both didactic and clinical experiences. Ms. Shea is widely published and is an author and reviewer for the

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, and was a contributing author to the

*Emergency Nurses Core Curriculum*

and

*Certified Emergency Nurse Review*

. Ms. Shea has taught NPs locally and nationally on a variety of emergent and urgent care topics.

**Karen “Sue” Hoyt, PhD, RN, FNP-BC, CEN, FAEN, FAANP, FAAN,**

is an emergency nurse practitioner (ENP) and works at St. Mary Medical Center in Long Beach, California. She is currently a clinical professor for the NP/DNP Programs at the Hahn School of Nursing and Health Science at the University of San Diego. Dr. Hoyt has several peer-reviewed books and publications on clinical practice, research, and management/leadership topics. In 2006, she established the first

*Advanced Emergency Nursing Journal*

. She conceptualized and has implemented a 2-day course for training ENPs and a train-the-trainer course for NP faculty. She has taught minor procedures workshops for NPs/PAs across the country. As a consultant and educator, she has also written ENP continuing education programs. Dr. Hoyt spearheaded

*The Delphi Study on Competencies for NPs in Emergency Care*

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**Kathleen Sanders Jordan, DNP, MS, RN, FNP-BC, ENP-BC, SANE-P**

, is currently a clinical assistant professor in the Graduate School of Nursing at the University of North Carolina, Charlotte, North Carolina, teaching the pediatric didactic and clinical sections in the family nurse practitioner program. Dr Jordan also teaches in the DNP program. She is also employed as an emergency

nurse practitioner (ENP-BC) and as a NP with Mid-Atlantic Emergency Medicine Associates in Charlotte. Dr. Jordan has been an advanced practice nurse in emergency care for over 30 years and is an examiner for the North Carolina Child Medical Evaluation Program. She is also a column editor for the

*Advanced Emergency Nursing Journal*

. She has published numerous articles and book chapters, and has served as the lead editor for the

*Core Curriculum for Emergency Nursing*

.

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