



# On Hung Gar: History and Practice

*By Wallace Smedley*

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Detailing the history of Chinese Martial Arts in general, and the art of Hung Gar specifically. Includes a student manual for the form Gung Ji Fuk Fu Kuen.

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## **On Hung Gar: History and Practice** By Wallace Smedley Bibliography

- Sales Rank: #10044114 in Books
- Published on: 2009-04-13
- Dimensions: 8.00" h x .78" w x 5.25" l,
- Binding: Paperback
- 310 pages

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### **About the Author**

Wallace Smedley is a Dallas/Fort Worth based martial arts instructor. He began his study of Hung Gar in 1983, and continues to this day.

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