



## Bicycling Cuba: Fifty Days of Detailed Rides from Havana to Pinar Del Rio and the Oriente

*By Wally Smith, Barbara Smith*

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**Discover all Cuba has to offer in this complete cycling guide.**

Wally and Barbara Smith spent 6 months cycling 8,000 miles in Cuba to provide detailed directions for 50 days of cycling. The rides vary in length, many combining to create multi-day loops. Detailed directions describe rides leaving Havana to the west and east. Subsequent rides are clustered in the three best regions of Cuba for cycling: Pinar del Rio, Central Cuba, and the Oriente. A final section contains advice on connecting the regions for a long tour of the entire island. In addition, the authors provide information on getting to Cuba, equipment and accessories, food and water, safety considerations, overnight accommodations, and more.

Exploring this fascinating country on two wheels may just be the best way to fully appreciate its history, people, and culture. 50 black-and-white photographs, 15 maps

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### **Editorial Review**

From Library Journal

Tired of the same old vacation? Eager to forgo guided motor coaches, all-inclusive resorts, and RVing? If bicycling through Cuba is the first thing you think of as an alternative to Europe in August, then the authors, experienced bike guides from Vermont, can take all the guesswork out of it for you. In this delightful and very practical guide, they outline, kilometer by kilometer-for all the Canadians and Europeans whose governments actually let them vacation in Cuba legally the best places to eat, sleep, sightsee, and even avoid. The text is divided into five parts: "In and Out of Havana," "Pinar del Rio," "Central Cuba," "The Oriente," and "Connecting the Regions of Cuba." The authors sum it up best in their introduction: "If you come to Cuba looking for evidence of a police state, inefficient bureaucracy, and dissatisfied people, you can find it. If you look for evidence of a uniquely idealistic society in which people have a strong sense of community, respect their government, and are trying to solve problems without sacrificing the achievements of their revolution, you can find that too. Let's ride!" Recommended for large public libraries.

*Lee Arnold, Historical Soc. of Pennsylvania, Philadelphia*

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"In this delightful and very practical guide, they outline, kilometer by kilometer?for all the Canadians and Europeans whose governments actually let them vacation in Cuba legally?the best places to eat, sleep, sightsee, and even avoid." (Library Journal)

### **About the Author**

Wally Smith, a former newspaper and radio reporter, has been a bicycle tour leader for Bike Vermont for more than 12 years.

Barbara Smith has cycled in the Maritime Provinces, Quebec, New England, and the Skyline Drive in Virginia and the Carolinas. She occasionally joins her husband Wally in leading Bike Vermont tours. The Smiths live in South Strafford, Vermont.

### **Users Review**

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#### **Ann Birdsell:**

The experience that you get from *Bicycling Cuba: Fifty Days of Detailed Rides from Havana to Pinar Del Rio and the Oriente* could be the more deep you excavating the information that hide within the words the more you get serious about reading it. It does not mean that this book is hard to know but *Bicycling Cuba: Fifty Days of Detailed Rides from Havana to Pinar Del Rio and the Oriente* giving you excitement feeling of reading. The writer conveys their point in specific way that can be understood by anyone who read the item because the author of this guide is well-known enough. That book also makes your vocabulary increase well. That makes it easy to understand then can go along with you, both in printed or e-book style are available. We highly recommend you for having this *Bicycling Cuba: Fifty Days of Detailed Rides from Havana to Pinar Del Rio and the Oriente* instantly.

**Carolyn Lutz:**

The book untitled *Bicycling Cuba: Fifty Days of Detailed Rides from Havana to Pinar Del Rio and the Oriente* contain a lot of information on the idea. The writer explains your girlfriend idea with easy means. The language is very simple to implement all the people, so do not necessarily worry, you can easy to read it. The book was published by famous author. The author gives you in the new era of literary works. You can easily read this book because you can continue reading your smart phone, or program, so you can read the book with anywhere and anytime. If you want to buy the e-book, you can wide open their official web-site in addition to order it. Have a nice learn.

**Aurora Foster:**

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