

Zen and the Art
of the Monologue



Jay Sankey

By the Author of *Zen and the Art of Stand-Up Comedy*

Zen and the Art of the Monologue (Theatre Arts Book)

By Jay Sankey

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Jay Sankey--stand-up comic, magician, and cartoonist--is back with another book for performers. Building on the success of his *Zen and the Art of Stand-up Comedy*, Jay is moving further into the uncharted wilds of solo performance.

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Editorial Review

About the Author

Jay Sankey performs stand-up comedy and monologues wherever audiences gather. His *Zen and the Art of Stand-Up Comedy* is also published by Routledge. He lives in Toronto, Ontario.

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