



# Special Tests for Orthopedic Examination

By Jeff G. Konin PhD ATC PT, Denise Wiksten PhD ATC, Jerome A. Isear Jr. MS PT ATC-L, Holly Brader

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**Special Tests for Orthopedic Examination** By Jeff G. Konin PhD ATC PT, Denise Wiksten PhD ATC, Jerome A. Isear Jr. MS PT ATC-L, Holly Brader

*Special Tests for Orthopedic Examination* has been used for 10 years by thousands of students, clinicians, and rehab professionals and is now available in a revised and updated third edition. Concise and pocket-sized, this handbook is an invaluable guide filled with the most current and practical clinical exam techniques used during an orthopedic examination.

*Special Tests for Orthopedic Examination, Third Edition* takes a user-friendly approach to visualizing and explaining more than 150 commonly used orthopedic special tests, including 11 new and modern tests.

Readers benefit from the spiral, lay-flat binding and new **color** elements. Clear and concise text is coupled with effective photographs, clearly labeled with directional arrows, to illustrate proper subject and clinician positioning and directional movement.

Jeff G. Konin, Denise Wiksten, Jai Isear, and Holly Brader have organized *Special Tests for Orthopedic Examination, Third Edition* by regions of the body, allowing the reader to quickly and easily reference a particular test.

Students, clinicians, and rehabilitation professionals alike will benefit from adding this classic text to their reference library today.

- Eleven new tests, including the Dial Test, Lateral Scapular Slide Test, Crank Test, and Posterior Impingement Test.
- Descriptive text presented in a concise manner.
- Evidence-based references for each test.
- Detailed descriptions of each special test component: test positioning, action, and positive findings.
- Photographs illustrating the proper subject and clinician positioning, with **color arrows** used to depict proper force and direction for each test.
- User-friendly spiral, lay-flat binding.
- Positive results and special considerations identified for each test as they relate to the examination process.

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## **Editorial Review**

### **Review**

"This manual is the premier pocket guide to assist students and practitioners in recalling what has been learned in the academic setting or on the playing field. From the student who is just starting out to the well-seasoned orthopedic expert, this information is easy to access as a quick reference and comprehensive in content. It will help athletic trainers, physical therapists, family physicians and other health care professionals who care for this population."

— Kristen Kwiatkowski-Digwood, *Advance for Physical Therapists & PT Assistants*

"This text, authored by both physical therapists and athletic trainers, is intended to provide a condensed guide for the examination of people with orthopedic injuries. In my opinion, this goal has been surpassed...Significant improvements from the first and second edition are evident. The authors have removed tests not supported by the literature and replenished this third edition with relevant, special tests with greater scientific support...The book's new spiralbound design facilitates practical use, allowing the reader to lay the text wide open while performing or practicing a test....This text offers much information to those clinicians with limited experience in orthopedic examination. With the addition of peer-reviewed references for each test and new or contemporary tests, even the experienced orthopedic clinician will find this text useful. Its organization and ease of use are very appealing features. I recommend this text to anyone involved in the examination of orthopedic injury."

— James W. Bellew, PT, EdD, *Physical Therapy*

"This book would be well-suited for an orthopaedic examination course in an athletic training curriculum...the information in this text is helpful for athletic trainers at all levels and would be a nice textbook to have in a clinical setting as a quick reference...this is a valuable resource."

— Jill M. Thein-Nissenbaum, MPT, SCS, ATC, *NATA News*

"The best features of the book are its design (spiral bound) which makes it easy to try each test while still referencing the text...The authors have shown support for publishing a 3rd edition by adding strong improvements to the previous editions...I strongly recommend it for anyone wanting to learn each of these clinical tests and also recommend it as a resource of bibliographic information on clinical testing in Orthopaedics."

— Chris Hughes, PT, PhD, OCS, CSCS, *Slippery Rock University, Doody's Book Review Service*

"...why should you buy it (especially if you have an earlier edition)? The answer is that the authors have really 'stepped it up' this go-round. The new edition features an evidence-based approach including current and historical references."

— From the Foreword, Mark. D. Miller, MD, *University of Virginia, VA*

"The photographic illustrations of how each test is performed are very useful, and have been improved from previous editions by the addition of arrows to denote patient or therapist direction of movement. The authors should be congratulated on producing an excellent, reasonably priced, reference book that would be useful to have in any clinic that uses orthopedic examination."

— Elizabeth Mason & Carol Doyle, Primary Care Musculoskeletal Research Centre, Keele University, Keele UK, *Physiotherapy*

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