



Loaves of Fun: A History of Bread with Activities and Recipes from Around the World

By Elizabeth M. Harbison

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From the pitas of ancient Mesopotamia to the white breads of the modern bakery, kids can explore the globe with more than 30 exciting recipes and activities about the history of bread.

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Editorial Review

From School Library Journal

Grade 4-6. According to Harbison's introduction, "The history of bread is also the history of civilization." In an informal, anecdotal style the author supports this premise by describing the conditions of life in various times and places and explaining how and why bread was made. The text follows a time line that runs throughout the book, beginning in Asia in 73,000 B.C. and ending with the present-day United States. Interspersed within the narrative are recipes for pita, sourdough, pretzels, johnnycakes, etc., which are clearly written and easy to follow. Also presented are activities related to bread ingredients, e.g., a science experiment showing the gas in yeast, growing mold, and making paint out of flour and water. While their inclusion interrupts the flow of the book, the information is good and will enrich world-history studies. Black-and-white sketches appear throughout. Carolyn Jenks, First Parish Unitarian Church, Portland, ME
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From [Booklist](#)

Gr. 3⁺-6. Adults who have encountered middle graders looking for information on what people ate in Mesopotamia, ancient Egypt, or in the Americas will love this little book about bread. Harbison not only provides a history of bread from ancient times to the present day but also includes two dozen recipes and five activities related to the process of bread making or bread's ingredients. The text is lively, and directions for recipes and activities are clearly written. Easy and fun to use as a starting point for a study of food as part of culture. Black-and-white drawings, breadmaking tips, and an extensive glossary are provided. *Chris Sherman*

Users Review

From reader reviews:

Tessie Springfield:

Playing with family inside a park, coming to see the coastal world or hanging out with friends is thing that usually you will have done when you have spare time, and then why you don't try thing that really opposite from that. Just one activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Loaves of Fun: A History of Bread with Activities and Recipes from Around the World, you are able to enjoy both. It is good combination right, you still would like to miss it? What kind of hangout type is it? Oh can occur its mind hangout guys. What? Still don't have it, oh come on its named reading friends.

Jeremy Windham:

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in examining a book.

Ronald Malone:

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Zandra Woods:

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