



Betty Goes Vegan: 500 Classic Recipes for the Modern Family

By Dan Shannon, Annie Shannon

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BETTY GOES VEGAN is a comprehensive guide to creating delicious meals for today's vegan family. This must-have cookbook features recipes inspired by *The Betty Crocker Cookbook*, as well as hundreds of original, never-before-seen recipes sure to please even meat-eaters. It also offers insight into why Betty Crocker has been an icon in American cooking for so long-- and why she still represents a certain style of the modern super-woman nearly 100 years after we first met her. With new classics for breakfast, lunch, dinner, and dessert, including omelets, stews, casseroles, and brownies, **BETTY GOES VEGAN** is the essential handbook every vegan family needs.

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Editorial Review

Review

"*Betty Goes Vegan* is the most exciting culinary innovation since the original Betty Crocker Cookbook. This book is a masterpiece and a must-have for every kitchen." --**Rory Freedman, New York Times bestselling author of *Skinny Bitch***

"This is a phenomenal no-nonsense book filled with comfort foods made vegan. The Shannons have outdone themselves with their creative versions of American classics. I only wish this book was around when I started cooking vegan." --**Roberto Martin, New York Times bestselling author of *Vegan Cooking for Carnivores***

"*Betty Goes Vegan* is a celebration of nostalgic comfort food deliciously transformed into fun and fabulous vegan fare. Destined to be a classic, this groundbreaking cookbook will delight and inspire vegans and omnivores alike." --**Robin Robertson, bestselling author of *Quick-Fix Vegan, 1,000 Vegan Recipes, and Vegan Planet***

"Funny, insightful and full of kick-ass vegan recipes. This is the ultimate cookbook! The kind of book you will pass down to your vegan children's vegan children. A joy from start to finish." --**Sarah Kramer, author of *How It All Vegan!***

About the Author

Dan and Annie Shannon live in Brooklyn, NY. Annie has worked at the animal advocacy organization In Defense of Animals and as the Fashion Industry Liaison for the Humane Society of the United States. She does most of the cooking.

Dan was previously the Director of Youth Outreach & Campaigns for PETA and is now a Senior Strategist for the social movement strategy consulting company Purpose. He does the dishes.

Users Review

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Jesica Demarco:

The knowledge that you get from *Betty Goes Vegan: 500 Classic Recipes for the Modern Family* may be the more deep you digging the information that hide within the words the more you get considering reading it. It doesn't mean that this book is hard to understand but *Betty Goes Vegan: 500 Classic Recipes for the Modern Family* giving you joy feeling of reading. The copy writer conveys their point in selected way that can be understood by simply anyone who read the idea because the author of this reserve is well-known enough. That book also makes your current vocabulary increase well. So it is easy to understand then can go along, both in printed or e-book style are available. We recommend you for having this kind of *Betty Goes Vegan: 500 Classic Recipes for the Modern Family* instantly.

Patricia Welling:

A lot of people always spent their free time to vacation as well as go to the outside with them family or their friend. Are you aware? Many a lot of people spent many people free time just watching TV, or perhaps playing video games all day long. If you would like try to find a new activity that is look different you can read any book. It is really fun in your case. If you enjoy the book which you read you can spent 24 hours a day to reading a publication. The book Betty Goes Vegan: 500 Classic Recipes for the Modern Family it doesn't matter what good to read. There are a lot of those who recommended this book. These folks were enjoying reading this book. In case you did not have enough space to develop this book you can buy the actual e-book. You can m0ore very easily to read this book from the smart phone. The price is not to fund but this book possesses high quality.

Jill Williams:

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Joan Davis:

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