



Wing Chun Kung Fu/Jeet Kune Do: A Comparison, Volume 1 (Literary Links to the Orient)

By William Cheung, Ted Wong

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Bruce Lee's original art (wing chun) and the art he developed (jeet kune do) are compared by Lee's associates. Includes stances and footwork, hand and leg techniques, tactics, and self-defense.

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Editorial Review

About the Author

William Cheung is the grandmaster of wing chun kung fu, a doctor of Chinese medicine, and the creator of a healing program called Cheung's Meridian Therapy. With 55 years of experience in wing chun, Cheung continues to pass his knowledge on to the public through books, instructional DVDs, and seminars. **Ted Wong** began practicing jeet kune do in 1967 at Bruce Lee's training hall in Los Angeles. Lee took him in as a private student and workout partner, and he became one of only four people to have been personally trained by Bruce Lee and groomed for instructorship.

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