



Graceful (For Young Women): Letting Go of Your Try-Hard Life

By *Emily P. Freeman*

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Popular (in)courage blogger encourages teen girls to transform faith from a list of things to do to a personal relationship with Jesus.

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Editorial Review

From the Back Cover

For the prom queen, the athlete, the bookworm, and the dreamer.

For the good test taker and the strict list maker. For the rule follower, the fear wallower, the messy, and the misunderstood. For the self-critic, the silent judge, and the girl who feels invisible.

For the girl who is tired of trying and the one afraid to fail.

These words are for you.

You don't have to be perfect. But do you trust the One who is?

The God who came to save you also came to live with you, in you, today.

If you've been struggling with expectations--from your parents, your teachers, your friends, and even yourself--*Graceful* is for you. Are you trying hard to catch up but aren't sure what it is you're chasing? Read and be set free.

Emily P. Freeman is the author of *Grace for the Good Girl*. Every Sunday night, she leads a small group of high school girls at her house where they talk about real life, real love, and the God who makes a difference. Emily's husband, John, is a youth pastor and they live together in North Carolina with their twin daughters, their son, and their crazy dog, Finn. Connect with Emily online at www.ChattingAtTheSky.com.

About the Author

Emily Freeman is the author of *Grace for the Good Girl* and *Graceful*. Whether writing or speaking, Emily's words create space for souls to breathe, offering fresh perspective on the gracefulness of the everyday and the sacredness of our inner lives. She an

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Teresa Powers:

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Christopher Hartwick:

Spent a free time and energy to be fun activity to accomplish! A lot of people spent their down time with their family, or their particular friends. Usually they doing activity like watching television, gonna beach, or picnic inside park. They actually doing ditto every week. Do you feel it? Will you something different to fill your current free time/ holiday? Could possibly be reading a book may be option to fill your free of charge time/ holiday. The first thing that you ask may be what kinds of publication that you should read. If you want to consider look for book, may be the e-book untitled Graceful (For Young Women): Letting Go of Your Try-Hard Life can be good book to read. May be it might be best activity to you.

Sara Kelly:

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Elizabeth Cornelius:

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