



Graceful (For Young Women): Letting Go of Your Try-Hard Life

By Emily P. Freeman

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Popular (in)courage blogger encourages teen girls to transform faith from a list of things to do to a personal relationship with Jesus.

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Editorial Review

From the Back Cover

For the prom queen, the athlete, the bookworm, and the dreamer.

For the good test taker and the strict list maker. For the rule follower, the fear wollower, the messy, and the misunderstood. For the self-critic, the silent judge, and the girl who feels invisible.

For the girl who is tired of trying and the one afraid to fail.

These words are for you.

You don't have to be perfect. But do you trust the One who is?

The God who came to save you also came to live with you, in you, today.

If you've been struggling with expectations--from your parents, your teachers, your friends, and even yourself--*Graceful* is for you. Are you trying hard to catch up but aren't sure what it is you're chasing? Read and be set free.

Emily P. Freeman is the author of *Grace for the Good Girl*. Every Sunday night, she leads a small group of high school girls at her house where they talk about real life, real love, and the God who makes a difference. Emily's husband, John, is a youth pastor and they live together in North Carolina with their twin daughters, their son, and their crazy dog, Finn. Connect with Emily online at www.ChattingAtTheSky.com.

About the Author

Emily Freeman is the author of Grace for the Good Girl and Graceful. Whether writing or speaking, Emily's words create space for souls to breathe, offering fresh perspective on the gracefulness of the everyday and the sacredness of our inner lives. She an

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Christopher Hartwick:

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Sara Kelly:

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