



From Diapers to Dating: A Parent's Guide to Raising Sexually Healthy Children From Infancy to Middle School, Second Edition

By Debra W. Haffner

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Approved by Parent's Choice, featured in *Time*, *Newsweek*, *USA Today*, and on *Oprah* and *Dateline*, this acclaimed book now revised to include a brand new section on the internet and kids, updated resources, and the latest medical research. Whether she is discussing how to help kids with the onslaught of sexual messages they see in the media or providing sensible guidance on teaching the facts of life, Debra Haffner's values-oriented approach to raising sexually healthy children is informative and comforting.

Organized from birth through age twelve, *From Diapers to Dating* presents a practical, step-by-step program, offering a wealth of practical techniques to help parents identify and communicate their own values about sexuality to their children, while also suggesting to parents the appropriate information to give children of different ages.

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Editorial Review

Review

A thoughtful guide for parents. -- *Newsweek*

A valuable book...to develop a comfortable, ongoing, constructive rapport with your children about sex. -- *Washington Post*

An excellent guide...Haffner's message is practical and frank, both forward-looking and nonpermissive...Essential. -- *Library Journal*

Realistic, practical, and informative—the best kind of guide for being a better parent. -- *Kirkus Reviews*

About the Author

Debra W. Haffner, M.P.H., M. Div., was president and CEO of SIECUS, the Sexuality Information and Education Council of the United States, for more than a decade and has been at the forefront of sexuality education for over twenty-five years, making frequent lecture and media appearances. Currently, she is the director of the Religious Institute on Sexual Morality, Justice and Healing, and an ordained Unitarian Universalist minister. She is also the author of *Beyond the Big Talk: Every Parent's Guide to Raising Sexually Healthy Teens—From Middle School to High School and Beyond*. She lives in Connecticut.

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