



Celeste's Best Gluten-Free, Allergen-Free Recipes: Over 250 Recipes Free of Gluten, Wheat, Dairy, Casein, Soy, Corn, Nuts and Yeast

By Celeste Clevenger

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Gluten-Free Living at Its Best!

Eating foods that are free of gluten and dairy and also free of most common allergens shouldn't mean having to settle for eating foods that are dense and tasteless. Not at all!

Celeste's Best Gluten-Free, Allergen-Free Recipes

Using a flour mix recipe found in ***Celeste's Best Gluten-Free, Allergen-Free Recipes: Over 250 Recipes Free of Gluten, Wheat, Dairy, Casein, Soy, Corn, Nuts and Yeast****, you'll be able to enjoy all your favorite foods again.

Fluffy Pancakes

Crispy Waffles

Soft Tortillas

Chewy Chocolate Chip Cookies

Moist and Airy Cakes and Cupcakes

Delicious Fudge Brownies

Tender, Flaky Pie Crusts

and

Anything Else You Desire!

Celeste's Best Gluten-Free, Allergen-Free Recipes is full of over 250 recipes for everyday gluten-free baking and cooking.

(Update: I've recently discovered that if you're using Authentic Foods Brand rice flours it's not necessary to add any bean flour to my mix.)

Celeste's Best Gluten Free Recipes Are Different

Why? Because I tested and retested my recipes until they were just right. In fact, the main bread recipe took me over three years to perfect and I baked over 2000 test loaves of bread in the process. Really. I was determined to bake a great tasting bread without baker's yeast. A recent study found that three-quarters of those tested for gluten sensitivity, like my daughter, were also sensitive to yeast. I refused to give up and I kept believing it was absolutely possible to have incredibly delicious gluten-free, yeast-free, allergen-free bread.

(*The recipes in the cookbook are all free of baker's yeast only and would not be suitable for those who are allergic to other forms of yeast.)

Celeste's Best Gluten-Free Bread

You probably never imagined that without gluten, dairy or yeast* you'd be able to bake up a loaf of bread that would taste so incredibly delicious. Prepare any of the gluten-free bread recipes included in the book and you, too, can enjoy bread that:

- Is Light and Airy
- Can Be Sliced Very Thin
- Tastes Great Toasted or Untoasted
- Tastes and Feels Just Like "Real" Bread
- Has a Crunchy, Golden Crust

It's all possible with *Celeste's Best Gluten-Free, Allergen-Free Recipes: Over 250 Recipes Free of Gluten, Wheat, Dairy, Casein, Soy, Corn, Nuts and Yeast**.

Easy to Follow Recipes Even If You've Never Cooked Before

I know that many who start following a diet free of most common allergens may have never cooked before, so I made the recipes in this and all my gluten-free cookbooks straightforward and very easy to follow. I've also included notes and tips to help make the reader's gluten-free baking and cooking experience be the best it can be.

Living a Gluten-Free, Allergen-Free Life to the Fullest!

Today more and more people are following a gluten-free diet. Many may have to avoid gluten and dairy or may be following a gluten-free, casein free diet (**gfcf diet**). I developed the recipes and created this gluten-free cookbook for everyone who follows a gluten-free diet and may also have other food intolerances, so that life can be full of more possibilities and smiles, and less about things in life you can't have. The recipes in my gluten-free, dairy-free cookbook are suitable for

those following a **gluten-free, casein free diet** (gfcf diet) and are very kid-friendly.

It is absolutely possible to live just as fully without allergens in your diet as you once did with them! **Here's to Living a Gluten-Free and Allergen-Free Life to the Fullest!**

Additional Celeste's Best Gluten-Free Cookbook eBooks for Kindle and Kindle App for Ipad and Computer

Celeste's Best Gluten-Free, Dairy-Free Ice Cream and Frozen Desserts

Celeste's Best Gluten-Free, Dairy-Free, Yeast-Free Bread and Pizza

Celeste's Best Gluten-Free, Dairy-Free Cookies, Bars and Crackers

(Note: This book replaces *Celeste's Best Allergen Free Recipes For Everyday Cooking and Baking*. Slight change in title, same incredibly delicious recipes!)

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Additional Celeste's Best Gluten-Free Cookbook eBooks for Kindle and Kindle App for Ipad and Computer

Celeste's Best Gluten-Free, Dairy-Free Ice Cream and Frozen Desserts

Celeste's Best Gluten-Free, Dairy-Free, Yeast-Free Bread and Pizza

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Michael Collins:

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Wanda Jacobsen:

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