



13 cosas que las personas mentalmente fuertes no hacen (Spanish Edition)

By Amy Morin

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3. No evitan el cambio.
4. No se concentran en lo que no pueden controlar.
5. No se preocupan por complacer a los demás.
6. No temen arriesgarse.
7. No viven en el pasado.
8. No repiten los mismos errores.
9. No les duele el éxito de los demás.
10. No se rinden tras un fracaso.
11. No temen a la soledad.
12. No sienten que el mundo les debe algo.
13. No esperan resultados inmediatos.

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