



The Looneyspoons Collection: Good Food, Good Health, Good Fun!

By Janet Podleski, Greta Podleski



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Lick your lips and shrink your hips with
THE LOONEYSPOONS COLLECTION
Jam-packed with “the best of the best” Janet &
Greta recipes...made even BETTER!

- Better carbs
- Better fats
- More fiber
- Less sugar
- Less salt
- Same great taste that won’t go to your waist!

TLC features outrageously delicious, reader-favorite recipes from Janet & Greta’s incredibly popular cookbooks *Looneyspoons*, one of Canada’s all-time bestsellers; *Crazy Plates*, a James Beard Foundation Award finalist; and *Eat, Shrink & Be Merry!*, voted “Cookbook of the Decade 2000–2009” by Chapters/Indigo Books...

plus TONS OF NEW, MUST-TRY RECIPES,
including:

Greta’s Gluten-Free Miracle Brownies
Chewy, moist, double-chocolate fudge brownies

Honey, I Shrunk My Thighs!
Mouthwatering, honey-garlic baked chicken thighs
that will leave everyone begging for more

Moroccan and Rollin’ Quinoa Salad
The super-grain becomes super-scrumptious when
paired with rockin’ spices

Pimped-Out Pumpkin Pie Pancakes

One taste and you'll say, "Thanks(for)giving me this fabulous recipe!"

Diabetic? Looking for gluten-free or vegetarian options? Counting points? Cooking for finicky kids?

The Looneyspoons Collection makes healthy eating delicious and fun for everyone!

A feast for your eyes and your taste buds, *TLC* is overflowing with gorgeous, full-color food photos; hundreds of practical weight-loss, anti-aging and healthy-living tips; and, of course, a heaping helping of Janet & Greta's trademark corny jokes and punny recipe titles.

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Editorial Review

About the Author

Sisters **Janet & Greta Podleski** are the authors of four #1 bestselling cookbooks known for their unique combination of great-tasting, healthy recipes, useful nutrition tips, and corny humor. Over the years, the dynamic duo has hosted a popular cooking show on Food Network Canada, developed a line of healthy prepared foods, produced monthly columns for *Reader's Digest* and *Taste of Home* magazines, and created a series of "grEATing cards" for Hallmark. James Beard Foundation Award nominees, Janet & Greta have been featured in countless newspapers and magazines, and on hundreds of North American radio and TV broadcasts, including *The Today Show*, CNN, NPR, and QVC. They live in Ontario, Canada.

Website: www.janetandgreta.com

Users Review

From reader reviews:

Diana Elliott:

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John Casteel:

Playing with family in a park, coming to see the ocean world or hanging out with close friends is thing that usually you will have done when you have spare time, in that case why you don't try issue that really

opposite from that. One activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of information. Even you love The Looneyspoons Collection: Good Food, Good Health, Good Fun!, you can enjoy both. It is fine combination right, you still need to miss it? What kind of hang type is it? Oh can occur its mind hangout folks. What? Still don't get it, oh come on its called reading friends.

Jennifer David:

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