



Naturally, Delicious: 100 Recipes for Healthy Eats That Make You Happy

By Danny Seo

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Danny Seo, America's leading sustainable lifestyle guru and founder/editor-in-chief of *Naturally, Danny Seo* magazine, creates a cookbook filled with more than 100 recipes for preparing healthy, easy, organic meals.

In his wildly popular new magazine, *Naturally, Danny Seo*, editor-in-chief Danny Seo presents a modern and stylish take on green living, and in his first cookbook, he extends that fresh approach into the kitchen. *Naturally, Delicious* will show home cooks that preparing healthy, delicious food on a daily basis doesn't have to feel like an expensive, time-consuming chore. By following Danny's emphasis on clever kitchen hacks, kitchen efficiency strategies, and eye-catching presentations, readers will be able to create simple, delicious meals with minimal effort and time, making eating healthfully and well a sustainable practice *anyone* can introduce to their everyday routine.

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Editorial Review

Review

"A helpful and surprising cookbook...An interesting approach to good-for-you food without sacrificing flavor and appeal." —*Publishers Weekly*

About the Author

DANNY SEO is the editor in chief of *Naturally, Danny Seo*, a national print magazine that celebrates the idea that style and sustainability don't need to be mutually exclusive from each other. *Naturally, Delicious* is his 10th book and his first cookbook. Danny is also the host of the upcoming TV show *Naturally, Danny Seo*, which will bring all of the ideas for cooking, home decorating, beauty, wellness, and travel to life that you see in the pages of his magazine. His line of branded Danny Seo eco-friendly products are sold in stores across the United States, Canada, and Europe and include retailers like TJ Maxx, Marshalls, and HomeGoods.

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