



Heart of Flesh: Feminist Spirituality for Women and Men

By Joan Chittister

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What does it mean to live out a feminist spirituality in a world that glamorizes violence and legitimizes domination?

Best-selling author Joan Chittister takes a very real look at what it means to have a feminist spirituality--a "heart of flesh"--in today's culture. She unmaskes the effects of sexism on both men and women and describes a spirituality that makes healthier, happier human beings of us all.

According to Chittister, the patriarchal culture that has shaped our world has also brought us to the edge of destruction with its dualisms, hierarchies, and inequality. She outlines the historical realities that produced this situation and describes how patriarchal culture and spirituality maintain their hold on us. She then argues that there is another way which is better and introduces us to a feminist worldview that, in recognizing the full humanity of women, leads all of us to new, better ways of being and relating.

Heart of Flesh: A Feminist Spirituality for Women and Men offers a dynamic vision of spirituality from one of our finest writers of spiritual literature.

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Editorial Review

From Library Journal

A noted author, lecturer, and Benedictine nun, Chittister considers feminist spirituality to be the true essence and full potential of Christianity. Analyzing the history of patriarchal thinking, she shows how its tendency toward violence, authoritarian domination, and dualistic theology diminishes both women and men. The feminist spirituality she envisions is modeled after the radical example of Jesus, whose human vulnerability and compassion gave him strength to love the sick, the poor, and society's outcasts equally and to resist evil and injustice without violence. Chittister writes with a rare blend of accessible scholarship and impassioned eloquence. Highly recommended for women's studies and general collections.

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Users Review

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Deborah Hayes:

As people who live in the actual modest era should be revise about what going on or info even knowledge to make these keep up with the era and that is always change and move ahead. Some of you maybe will update themselves by reading books. It is a good choice in your case but the problems coming to anyone is you don't know what type you should start with. This Heart of Flesh: Feminist Spirituality for Women and Men is our recommendation so you keep up with the world. Why, because this book serves what you want and wish in this era.

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