



## Betty Crocker's Diabetes Cookbook: Everyday Meals, Easy as 1-2-3 (Betty Crocker Books) (Hardback) - Common

By By (author) Betty Crocker

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Presents easy-to-make recipes and food and nutrition information for people who have diabetes. This book includes recipes featuring Carbohydrate Choices - the simplified approach to meal planning recommended by the American Diabetes Association. It includes 140 recipes, from Beef and Vegetable Stew to Creamy Vanilla-Caramel Cheesecake and more.

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